

Aging

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

No. 43—May 1958

Planned Progress: The Metropolitan Chicago Story

by *Helen Graves Laue, Associate Executive Secretary, Division on Family and Child Welfare, Welfare Council of Metropolitan Chicago*

Part I of a 2-Part Series

By 1956, about one million people in the Chicago metropolitan area will be 60 years of age or over. That's one in seven. On reaching this mature age, life expectancy is about sixteen years for men and eighteen for women.

The explosive impact of this phenomenal growth of the older public was first examined in a 4-year study by the Community Project for the Aged (*Community Services for Older People—The Chicago Plan, 1952*). Forty recommendations were approved in principle by the directors of the sponsoring Welfare Council of Metropolitan Chicago.

Since then, six years have passed. A summary (*For a Good Old Age—A Six Year Report, 1951-1956*) shows the accomplishments and future tasks for the public and voluntary agencies.

The Welfare Council is a voluntary association, operating in five areas: Community services, consultation, coordination, interpretation, and planning. It includes in its membership public and voluntary agencies and federations. Its planning is based on facts and mutually agreed judgments.

The six years have been a testing period. Among the agencies influenced by the recommendations were: Chicago Housing Authority, Cook County Department of Welfare, United Charities, hospitals, homes, and others. Two new voluntary agencies were formed to meet senior citizen needs.

Action by the Council's own executive groups stimulated directors and executives of cooperating social service agencies. Community awareness that an aging public was everybody's concern was

broadened through the media of newspapers, radio, and television. Innumerable meetings, institutes, and conferences were held. Professional awareness "that something new had been added" to social service resulted from courses given by Loyola and the Universities of Chicago and Illinois. Powerful impetus for the public agency programs came from the formation of the Mayor's Commission on Senior Citizens, a group of 100 civic leaders and specialists in the field.

Growth in Numbers Served

These efforts led to tangible results in increased facilities for sheltered care for the aged. From 1951 to 1956, infirmary care facilities increased 50% while total capacity increased 23%. The emphasis on infirmary care recognizes the older age level and increased infirmity of people seeking entrance to homes.

Improvement was noted in nursing care and the attendant staff, and in the addition of social and group workers, crafts aides, and occupational therapists. Medical directors were encouraged to keep abreast of developments in geriatrics.

Public housing units occupied by 65 plus families increased in five years from 458 to 1,132. A pilot senior center was established in one housing project. Plans for senior activities and services in a housing project for older adults are included in the 1958 housing program.

Recreational and educational programs and projects operated by a variety of agencies showed a gratifying increase, rising from 63 in 1950 to 138 in 1956.

Health Care a Vital Necessity

Important to the health of the older adults is the campaign waged by the Welfare Council and affiliated health groups for expansion of the out-

patient department of the Cook County Hospital, a pilot home medical care program, and a branch hospital and clinic in the congested and underserved south side. Decentralization, still in the future, will make it easier for older persons to receive medical care nearer their homes.

Chronic malnutrition is prevalent among older persons, and not just those with low incomes. A contributing factor is that effective demonstrations seldom get to those who need them most. Nutrition education has been extended by the Nutrition and Heart Associations and the Board of Health to homes for the aged, nursing homes, and senior centers.

A pilot geriatric rehabilitation project, begun by the Illinois Public Aid Commission (see *Public Aid in Illinois, May 1957*), with support from D/HEW, is being carried out in cooperation with the Rest Haven Rehabilitation and Michael Reese Hospitals under the direction of the Cook County Department of Welfare.

In this project, after discharge from the hospital, the patient receives social and medical follow-up and a monthly check-up in the clinic by the same physician who treated him in the Rehabilitation Unit. Of the patients admitted to this program in its first 6 months, 82% were restored to self-care and community participation.

Casework and Counseling

The Cook County Department of Welfare provides casework and counseling to more older people than any other agency in the county. It has added a consultant on aging to develop a diagnostic and rehabilitation program. Handicapped by staff shortages, high turnover, and large caseloads, this public agency has directed its special attention to those situations where it could be most effective, such as in the special housing project for older people, the geriatric rehabilitation program, and the preventive work of the Senior Centers of Metropolitan Chicago.

Voluntary agencies are also providing increased services in this area since as more older people become eligible for social security insurance benefits, they cannot receive casework help from the public agency and flock to the voluntary agencies. Most family service agencies report they are serving increased numbers of older people and have improved the quality of services.

The Jewish Family and Community Service has instituted a Central Intake Service for the homes for the aged in the Jewish Federation. A one-third increase in staff between 1951 and 1956 permits the provision of casework services from the most convenient district office. Central Intake and other specialized services, however, continue to be administered at the central office.

United Charities, the century old family service agency, has set up a pilot project, financed by the

Wieboldt Foundation, in its Northern District. This experiment has given the staff specific knowledge of how to help older people make the best adjustment regardless of shortness of life expectancy. Casework skills and specialized services have been improved through medical, psychiatric, and legal consultation. A resource file on "protected" living arrangements has increased the agency's effectiveness.

Catholic Charities and the Salvation Army have added staff members to help the increased number of older persons seeking advice on health and family problems. The United Lutheran Social Mission Society operates a community center for club and crafts activities, helps its churches with their group activities and offers professional casework, counseling, and home-finding services.

(Part II will appear in the next issue)

Calif. Presbyterians Plan New Home

On July 23, 1956, the Southern California Presbyterian Homes, Inc., opened its first home for the aged, *The White Sands of La Jolla*. The home not only has its full quota of 170 residents but a waiting list of 100 persons who have made advance payments for future openings.

Construction is about to begin on the second major home, *Royal Oaks Manor of Duarte*. Accommodations for some two hundred residents are planned. The Federal Housing Administration and the California Welfare Department have approved the unusual design, a single, integrated, large unit. It will be built on an 18½ acre estate in Duarte, in the foothill area east of Monrovia, California, with a private lake, greenhouse, and facilities for many activities.

Two fees will cover the costs to the resident. The Entrance Fee (varying from \$5900 up, depending on type and location of accommodations) covers lifetime residency and use of the facilities. The Life Care Fee (\$165 per month or a single payment based on actuarial tables) covers meals from a menu selection, basic room upkeep, full medical care, including major surgery and hospitalization, and utilities. Residents withdrawing from the home will receive proportional refunds of single payments made. Payments made before the home opens will draw 3% interest until the home opens. After the home opens, a reservation on the waiting list requires a \$1000 deposit.

Each room will have a private bath, with tub and shower combination, and closet and storage space. Drapes and wall-to-wall carpeting are provided by the home but furniture and equipment must be supplied by the resident.

Single rooms, semi-suites, suites, and two-unit combinations will be available. Unlike the home at La Jolla, space will permit the construction of a number of cottage units as well. Infirmary

facilities will be provided at the home while modern hospitals in the area will be used for cases requiring such care.

It was the experience at La Jolla and the results of additional study that convinced the organization that integrated, large homes brought greater convenience and security to the residents and better and more economical service. This is also behind the decision for a common dining hall, with wait-ress service but no assigned seating arrangement, and meal service at any time during an hour period. A kitchenette off one of the lounges will be available to the residents for entertaining, parties, or guests.

The Federal Housing Administration and the Federal National Mortgage Association are participating in the financial arrangements.

For further information, write to Director Otto Gruber, Southern California Presbyterian Homes, 1501 Wilshire Blvd., Los Angeles 17, Calif.

Operation Nestor: Mental Health

by Dr. David J. Vail, Assistant Superintendent, New Hampshire State Hospital, Concord

The staff of the New Hampshire State Hospital has been concerned for some time with the increasingly heavy burden of caring for its elderly patients. About one-third of the newly-admitted patients are over 65; the proportion of resident patients, including those who have lived in the hospital for many years, approaches 40%. With these ratios increasing constantly, continual revisions of staffing and space patterns must be made. Proper day-by-day allocation of elderly patients, with their varying degrees of incapacity, is a harrowing, unceasing nightmare of "musical chairs" with the welfare of human souls in the balance.

Our Hospital is the only psychiatric in-patient facility in New Hampshire. It not only epitomizes this nationwide problem in miniature, but is in a position to render real and profound benefit to the citizens of our State.

Operation Nestor, put into effect late last year, is a comprehensive 2-year program designed to meet this challenge and the community need for improvement of the understanding and treatment of mental illness among the aged. Its orientation is positive: To assess and develop the patient's resources, skills, and stabilizing personality drives; to prevent hospitalization, if possible; and to improve to the utmost the quality of care in the hospital.

The name, Nestor, was deliberately chosen from Homeric mythology in deference to the lovable hero of great age who was renowned equally for his bravery and his wisdom. The program involves the following:

1. **Study and Understanding.** Psychological inves-

tigation of problems of aging, with emphasis on skills, resources, means of integration, and factors differentiating mental health and mental illness in old age (original research and study of extant work).

2. **Fact-Finding.** Survey of recreational and nursing facilities for care and rehabilitation of the aged (in conjunction with other groups).

3. **Education.** Lectures, seminars, and workshops; strengthening of bonds of understanding and communication with hospitals and nursing homes from which our patients are referred.

4. **In-Service.** Improvement of hospital facilities and quality of care; intensification of volunteer program.

5. **Rehabilitation.** Development of vocational outlets; eventual establishment of extramural rehabilitation units and day centers.

Ford Foundation's First Aging Grant

The Ford Foundation has just awarded its first grant under its newly developing program concerned with the problems of the aging (see *Aging* 38). Western Reserve University of Cleveland, Ohio, will receive \$126,000 for studies of various housing arrangements for older persons. Private and public housing specialists and civic and welfare leaders will cooperate with the University in this five-year research program. The request was cosponsored by the University and the Cleveland Welfare Federation.

In announcing the grant, the Foundation said, "In the next few years millions of dollars of private and public funds will be spent for specialized housing for older persons. Guidelines established now may help assure the most advantageous expenditure of this money. One question, for example, is how to identify persons likely to benefit most by special housing for the aged. Another concerns the extent to which aged persons need certain care and services short of complete 'institutional' care. And among others are the nature of social, psychological, and medical problems occurring in special housing for the aging."

The Foundation also pointed out: "Western Reserve has a Council of Aging composed of members of several departments. Cleveland has been a leading community in efforts to help older persons help themselves. University faculty members, with the assistance of community leaders, will use the Foundation grant to conduct various research studies over the next five years. The fact that special living provisions for older persons already exist in Cleveland is expected to enhance the value of the research."

For further information, write to President Millis, Western Reserve University, or Mrs. Barry, Cleveland Welfare Federation, 1001 Huron Rd., both in Cleveland, Ohio.

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U. S. DEPARTMENT OF
HEALTH, EDUCATION, AND WELFARE

Marion B. Folsom, Secretary

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AGING is a medium for sharing information about programs and activities among agencies and organizations in the field, their staffs and board members and other interested individuals. Communications and items suitable for publication should be sent to The Editors of *Aging*, Department of Health, Education, and Welfare, Washington 25, D. C.

Subscription \$1.00 a year, 25 cents additional for foreign mailing; 10 cents for single copy. Send to Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. The printing of this bulletin has been approved by the Director of the Bureau of the Budget, August 22, 1957.

Conferences

Pennsylvania's Bureau of Employment Security and Advisory Board on Problems of Older Workers are jointly sponsoring a 2-day *Institute on Removing Age Barriers to Employment* on May 15-16 at the Benjamin Franklin Hotel in Philadelphia. Panel meeting subjects include: Cost of fringe benefits for newly-hired older workers; retirement policy; union policy and the older worker; social costs of unemployed older workers; training, testing, and selective placement; what communities can do; industrial medicine and the older worker. Governor Leader will address the May 15 dinner meeting. For details, write Harold Williams, Executive Director, Advisory Board on Problems of Older Workers, Department of Labor and Industry, Harrisburg, Pa.

The Gerontological Society, 660 S. Kingshighway Blvd., St. Louis 10, Mo., will hold its 1958 (11th) Annual Meeting in Philadelphia November 6-8 at the Bellevue-Stratford Hotel. The 1959 meeting will take place in Detroit; the 1960 meeting in San Francisco in conjunction with the 5th International Congress of Gerontology. Warren Andrew is Chairman and Dr. J. T. Freeman Co-Chairman of the 1958 Program Committee.

The Division of Gerontology of Washington University (5600 Arsenal St., St. Louis 9, Mo.) will hold its *Second Annual Post-Graduate Course in Geriatric Medicine* for physicians on May 24-25 in St. Louis. The program, designed to supplement the first course, will emphasize heart disease, mental problems associated with older individuals as family problems, and cancer detection and therapy. There is no charge for registration or tuition; application forms are available from the University.

A planning committee of representatives of 25 national voluntary agencies and of the constituent agencies of D/HEW (including the Special Staff on Aging) has started developing plans for a national conference on homemaker and related services to be held in Chicago early in 1959. Mrs. R. Livingston Ireland, Director of the Ohio Department of Public Welfare, 85 S. Washington Ave., Columbus 15, Ohio, is serving as conference chairman.

Gov. Thomson has called the *Second Wisconsin Governor's Conference on an Aging Population* for June 4-5 in Madison, on the theme, "Wisconsin Plans for its Senior Citizens". The Governor appointed Supreme Court Justice George Currie to the chairmanship of the planning committee, and Prof. Eugene A. Friedmann, of the University's Sociology Department, to be executive secretary for the conference. In announcing the conference, the Governor pointed out that Wisconsin's more than 300,000 people 65 and over represent a higher percentage of older people in the State's population than in either Florida or California (according to the 1950 census). For further details, write to Prof. Friedmann at the University of Wisconsin, Extension Bldg., Madison 6, Wis.

The Way the Wind Blows

A number of groups in *Schenectady*, N.Y., are working for the inclusion of housing for the aged in the plans for that city's urban redevelopment. They point out that in terms of location, known need, and "public use", such housing seems to be ideally suited.

When *Madison*, Wis., made its school census last year, it added a count of persons over 60 years of age. It showed 8,418 such older persons with concentration near the center of the city. One result has been the development of recreation programs for the aged with part-time employment of Mrs. Mary Ann Lockhart to direct the pilot program. Plans call for the development of "clubs" on the near East and West sides as a beginning. Recreation Director Glenn Holmes is in charge.

The February *Chronic Illness Newsletter*, the bimonthly of the Council on Medical Service of the American Medical Association, carries several important summary stories worthy of special attention. "Aged Lack Health Insurance" tells of the study of the New York State Joint Commission which disclosed that two-thirds of the over-65 population has no health insurance protection at all, and discusses the many problems and possible solutions to providing this group some health insurance. "Home Care in Wilmington, Delaware" reports on the 2-year-old home medical care plan operated by the Delaware General Hospital which shows a per-day cost one-fifth of that spent on maintaining a patient in a hospital bed. "Physicians Estimate Need for Chronic, Rehabilitation Facilities" describes a survey of all physicians in Pennsylvania in which they were asked how many patients they had seen in a given week; how many of these were referred to the various kinds of hospitals, homes, etc.; how many more they would have referred and the reason for non-referral; and their estimate of the number who would be referred to such facilities in the course of a year if there were no obstacles and no shortage of facilities. Estimates based on the replies show the need not only for new facilities but also for some rethinking of their relative numbers. "AMA, Nursing Home Operators Meet" tells of the creation of a professional liaison committee.

The AMA, 535 N. Dearborn St., Chicago 10, Ill., may have some extra copies.

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Under the leadership of Mrs. Enid Rankin, Chairman of Community Services for the Aging in the new Oregon State Council on Aging, representatives of a large number of community organizations in Medford, Oreg., are organizing a local unit of the State Council. Glenn Klein, representing the Inter-Agency Council, has been elected temporary chairman.

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Talking Books will celebrate its 25th anniversary this year. They are long-playing records, covering everything from the Bible to adventure stories, made available to the blind free of charge by the Library of Congress. They are recorded and manufactured by the American Foundation for the Blind in New York City and the American Printing House for the Blind in Louisville and distributed through 28 regional libraries.

It is estimated that more than half of our blind people are 65 and over and that the percentage is increasing. If you would like to know more about this free service, check your local library or agency for the blind, or write to the American Foundation for the Blind, Inc., 15 West 16th St., New York 11, N.Y.

Senior Citizens of America is sponsoring its second nationwide *Senior Citizens Month* during May and is encouraging local and State affiliates and other groups to organize State and local observances for the whole month or shorter periods. For further information, write to Miss Anna C. Leahy, Director, Division of Group Service, Senior Citizens of America, 1129 Vermont Ave., N.W., Washington 5, D.C.

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The *Wier Subcommittee* of the *House Committee on Labor and Education* held hearings in Washington on 17 bills of interest in the field of aging on March 18, 19, and 20. All but one of these bills were introduced in the House of Representatives during the 1st Session of the current, 85th, Congress. In each case, the sponsoring Congressman was invited to speak on his bill. Twelve of the bills would provide for one or more programs of grants, mostly to the States, for planning, projects, and/or research; most of these also provide some new kind of bureau for older persons within D/HEW. Three bills would establish study commissions; one would affect Old-Age Assistance recipients; and one provides for a White House Conference on Aging. As we go to press, the Subcommittee has scheduled public hearings for April 22, 23, and 24, with D/HEW Secretary Folsom invited to appear on the 23rd.

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Encouraged by the enthusiastic reception of its first institute last summer, the School of Social Service Administration of the University of Chicago is offering a full-time institute July 7-18, inclusive, on the *Administration and Organization of Homes for Older People*, led by Ben L. Grossman, Executive Director of Drexel Home. For full information, write to Mrs. Sylvia Astro at the University, Chicago 37, Ill.

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The *Public Library of Cincinnati and Hamilton County* conducts a unique, useful, and satisfying activity for senior citizens. A small group of long-time Cincinnati residents has been organized as *Memory, Ink*. They are shown slides or motion pictures on old Cincinnati from the Library's extensive local history files, and are asked to comment and reminisce from their own or their ancestors' experiences. Typed excerpts from the tape recording of these sessions then become additional materials for the local history files. Experiments at senior citizen centers have led to plans to expand the program through the branch libraries. For more information, write Karline Brown or Florence Efke at the Library, 8th & Vine Sts., Cincinnati 2, Ohio.

The Faculty Center of the *University of Puerto Rico* has organized a Gerontological Society. Its first task will be to work for the establishment of facilities to care for homeless aged persons' shelter, medical, recreational, and spiritual needs. The Society hopes that by-products will be the establishment of standards, a permanent commission of technicians, etc.



As part of its program of encouraging activities in the field of aging among its local branches, the national office of the *American Association of University Women* has issued Part I of an *Add-A-Part Kit on Aging*. This part contains background information and discussion on the nature of aging, reading lists, and descriptions of local programs and community organization for aging programs. Until Part II is issued in July, Part I alone may be purchased at 75¢ from the Publications Secretary, AAUW, 1634 Eye St., N.W., Washington 6, D.C. The AAUW national office has promised that as soon as it has had a chance to catch its breath and compile the many reports of growing activities in aging by the local branches, a summary will be prepared for *Aging*.



More than half the workers in the men's tailored clothing industry are over 50, according to the Department of Labor's *Occupational Outlook Handbook*. Older workers in their fifties and sixties are among the most skilled and productive in many of this industry's plants.

Books, Pamphlets and Reports

Longer Life by George Soule. New York: The Viking Press, 1958. 151 pp. \$3. Written by one of the country's leading economic writers, the book, in penetrating and provocative fashion, analyzes the health, income, employment, and social status of the older population; the effects of taking the older worker out of production and of the accumulation of pension reserves; and the implications of automation and of the shifting dependency ratio for middle-aged and older persons. He describes and protests against all forms of segregation of the elderly. The final chapter, "Integration of the Old", offers a program of more employment, additional income, opportunity for self-expression and community service, and modernization of social attitudes toward the elderly.



The March 1958 *Changing Times* has an extensive article on "How to Have Enough to Retire On", suggesting planning and saving in terms of floor income, growth income which varies with economic conditions, and an emergency fund. Single copies available at 50¢ from Kiplinger Magazine, 1729 H St., N.W., Washington 6, D. C.

Social Security's Research and Statistics Notes series for 1958 has a number of titles of interest to groups of readers of *Aging*. Those interested in how medical care costs are financed will want Note 3, *Governmental Expenditures and Other Public Financial Support for Personal Medical Care of Persons Aged 65 and Over, 1955-56*, and Note 6, *Sources of Payment for General Hospital Care: Results from a Pilot Study in New York State*. Note 4, *Canadian Pension Plans and the Employment of Older Workers*, summarizes the conclusions of the study noted in *Aging* 42. Note 5, covers *Recent Changes in British Social Insurance Programs*. Single copies are available free (order by number and title) from the Division of Program Research, Social Security Administration, Washington 25, D.C.



Thomas D. Houchin, Assistant Professor of Speech Pathology at Emerson College in Boston, has prepared a booklet, *Home Exercises in Language for Aphasic Patients*, which should be very useful to the family or other persons caring for patients whose ability to speak or understand has been impaired as a result of a "stroke" or "shock". Copies are for sale at 30¢ by the Rehabilitation Unit, Holy Ghost Hospital, 1575 Cambridge St., Cambridge 38, Mass.



"Community Recreation for Our Senior Citizens" is a well-developed, thoughtful, and helpful article by Jerome Kaplan of Minneapolis, in the March 1958 issue of *Adult Leadership*, published by the Adult Education Association, 743 N. Wabash Ave., Chicago 11, Ill.



The Family Life of Old People by Peter Townsend. Glencoe, Ill.: The Free Press, 1958. 283 pp. \$5. This is a classic study of the results of an intensive investigation in a part of East London of family relationships and interdependence of older people in a modern, industrial society. It explores health, retirement, income, and social isolation *per se* and then relates these aspects to life in the family and kinship group. Possibly the most unique conclusion from the point of view of the American audience is the finding that aging brings closer relationships and strengthening of ties in the extended (3-generation) family as exemplified by residential proximity (not necessarily under the same roof), mutual helpfulness, and increased feelings of responsibility. Very few older people really live alone, says the author. While the study was conducted in a typical working-class neighborhood, it provides considerable guidance to the understanding of older persons in other social strata. A comparable study in the American culture would be very useful.

The Council of State Governments has followed up its excellent 1955 report (*The States and Their Older Citizens*) with *State Action in the Field of Aging 1956-57: A Progress Report*. This document follows a thoughtful summary of important developments with a parallel analysis for each of the States and ends with a listing of the official State agencies on aging and the aged, showing the names and addresses of their top officials. The report presents a most encouraging picture of increased State participation and concludes that the two-year period was marked by greater recognition of the problems, expansion of official agencies on a permanent basis, and stress on improving opportunities for productive employment of older persons. The 82-page, processed report is for sale at \$2 by the Council at 1313 E. 60th St., Chicago 37, Ill.

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The Christmas 1957 issue of *What's New*, published by Abbott Laboratories, contained two exciting articles of special interest to readers of *Aging*. One, "Meals on Wheels", describes U.S. experiments with this program of bringing hot meals to people in their own homes, modeled after the successful practice in England; the other, "Six Weeks In, Six Weeks Out", describes another British program where nursing home or rehabilitation hospital patients alternate between stays with their families and in the facility. After much effort, the Editor of *What's New*, Dr. R. M. Watrous, has rounded up a small supply of the whole issue and of some reprints which he will use to answer requests. Write to Dr. Watrous, Scientific Divisions, Abbott Laboratories, North Chicago, Ill.

★

Positive Experiences in Retirement. Dr. Otto Pollak. Pension Research Council Monograph Series. Homewood, Illinois: Richard D. Irwin, Inc., 1957. 53 pp. plus preface. \$1.50.

In his 1956 report, *The Social Aspects of Retirement*, prepared for the Pension Research Council of the University of Pennsylvania's Wharton School of Finance and Commerce, Dr. Pollak, Professor of Sociology at the Wharton School, made a number of important recommendations concerning areas needing additional research. One of his conclusions was that instead of concentrating on the problems of aging and retirement, there should be study of "the philosophy of life and activities of people who in their own opinion and in the opinion of their associates have achieved a successful retirement experience". The Pension Research Council commissioned Dr. Pollak to explore this area through a sample, demonstration study, and has sponsored the resulting monograph, which will prove both useful and challenging to researchers and counselors.

The January-February issue of *Nursing Home Administrator* features a practical article on "Resident Participation in Meal Planning" of special value to anyone involved in administration of a home. For reprints, write the author, Herbert H. Shore, Executive Director, Dallas Home for the Jewish Aged, 2525 Centerville Rd., Dallas 28, Texas.

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Free Time Challenge to Later Maturity. Edited by Wilma Donahue, W. W. Hunter, Dorothy H. Coons, and Helen K. Maurice. Ann Arbor: The University of Michigan Press, 1958. 172 pp. \$4.50. Michigan's 10th Annual Conference on Aging boldly explored the largely uncharted significance of rapidly expanding increments of free time for the 50 million Americans who are in the middle and later periods of the life cycle. To set the background, the Division of Gerontology assembled an imaginative group of keynoters from anthropology, economics, education, psychiatry, psychology, religion, and sociology and asked them to look beyond the horizon. The papers they presented, and which comprise the book, take off from analyses of the current scene and individual needs and move into strongly ideational and hopefully prophetic discussions of many aspects of leisure. The book is filled with far-reaching principles for people planning programs as well as with provocative thought-material for all who have reached or are concerned with middle and later maturity.

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Senior Achievement, Inc., 1249 S. Wabash Ave., Chicago 5, Ill., has published a new brochure explaining its program for retiree work centers. The brochure contains its most recent report and reproductions of clippings, including the story in *Aging* 39.

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The Bureau of the Census has just released its current population report (Series P-20, No. 81) showing detailed national estimates for marital, economic, and family status as of March 1957. Especially interesting are the tables comparing 1950 and 1957 data for marital status by age and sex, and the two tables on education and 1956 money income by marital status, age, and sex. For sale at 25¢ by the Bureau of the Census, Washington 25, D.C.

★

A Guide for Lutheran Homes Serving the Aging is a compact, concise, 16-page booklet in outline form providing the basic principles to answer the whole gamut of questions arising from the establishment and administration of a home. For sale at 15¢ by the Division of Welfare, National Lutheran Council, 50 Madison Ave., New York 10, N.Y.

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Mississippi held its first Statewide conference on aging at the University in September 1957. Under a broad interpretation of "rehabilitation", sessions covered the entire field of aging and showed the readiness for participation and action by the representatives of the State's professional and voluntary groups. *Summary Reports from the Mississippi Conference on Rehabilitation, 1957 Theme: Rehabilitation of the Aging* is a 112-page, processed report on the conference for sale at \$2 by the Department of Conferences and Institutes, University of Mississippi, Oxford, Miss. The unofficial State Council on Aging (see *Aging* 42) is an outgrowth of a recommendation of the conference; for further information, write to Dr. D. C. Trexler at the University.

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Taking Care of Diabetes (Public Health Service Publication No. 567) is a new booklet especially prepared for the person who has diabetes and for his family. In text and illustrations, it covers the facts about diabetes and the relation of food, exercise, and insulin in its control, with detailed how-to-do-it instructions. For sale at 20¢ by the Superintendent of Documents, U.S. Government Printing Office, Washington 25, D.C.

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The 1957 edition of *Characteristics of State Public Assistance Plans* (Public Assistance Report No. 33) has been issued by the Bureau of Public Assistance of D/HEW's Social Security Administration. It presents a detailed analysis of the provisions in each State as of October 1, 1957, in easy-to-use tabular form. For sale at 65¢ by the Superintendent of Documents, U.S. Government Printing Office, Washington 25, D.C.

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The Community Council of Greater New York, Inc., whose fine publications on aging have been noted in previous issues of *Aging*, produced two new booklets in 1957. One is *Employment Prac-*

tices for Older Workers, a 19-page report of its Committee on Employment and Retirement Practices for Older Workers, dealing with the present situation, current programs, and recommended action. The other is *Casework With the Aged*, a 13-page statement of principles and selected, annotated bibliography. The Council's address is 345 E. 45th St., New York 17, N.Y.

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A compact summary of the content of the first (January) Ohio Governor's Conference on Aging and of its recommendations to the new Commission on Aging (see *Aging* 39) has been issued as a 12-page pamphlet. Recommendations are made in the fields of income, housing, health, leisure-time activities and adult education, and social services. Address requests to the Governor's Commission on Aging, Columbus 15, Ohio.

★

Older People of St. Boniface Parish is a minutely detailed summary and analysis of the replies in an intensive interview survey of the 238 Catholic members of "The Fruit Belt" Parish in Buffalo, N.Y., who were over 60 in July, 1956. The questions covered family and social relationships, housing, health, employment, economics, religious and other activities. For sale at \$1.50 by the National Conference of Catholic Charities, 1346 Connecticut Ave., N.W., Washington 6, D.C.

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The Social Security Administration's new 16-page booklet, *The Social Security Retirement Test for Farm People*, presents a detailed account of how the "earnings" test applies to farm people drawing payments. It explains the obligation for reporting earnings and how the earnings test works out in some typical farm arrangements. Copies are available from the nearest Social Security District Office, listed in your telephone book, or from the Social Security Administration, Baltimore 2, Md.

GPO 939880